

Sermon Notes

SERVICE TITLE: Let's Get Physical – Our Minds

Bible Reading: Colossians 3v1-4

Talk 1:

1. Heavenly Minded

Think about the risen Jesus

Our mindset gives our lives a pattern

Thinking NOT legalism (Colossians 2: 2-8)

Thinking NOT secret knowledge (Colossians 2: 16-23)

Talk 2:

2. Loving God with our Minds

All Christians should think

Use your nous

Think about Jesus (Colossians 1: 15-20)

Questions to think about and discuss at home:

For Under 5s: What do you like to think about?

For 5-11s: What are nice things to think about?

For 11-14s: How can you train your mind?

For Everyone: How can you love God with your mind?

Service Outline for Children

Let's Get Physical – Our Minds

Interview

What will the people in the interview be doing at 11am tomorrow?

Bible Reading (Colossians 3v1-4)

What should we set our hearts on?

What should we set our minds on?

What will happen when Christ appears?

Talk 1:

Q1: Are the brainy kids at school always the nicest?

Q2: What does Paul tell us to think about?

Talk 2:

Q1: does being clever make you a better Christian?

Q2: How can we use our thinking to love God more?

Engage Notes for Young People

Let's Get Physical – Our Minds

Read Colossians 3v1-4

Paul tells us what's happened to Christians in the past, what's true for them in the present, and what will happen in the future.

Q – What is true for Christians right now? (v3)

When Jesus returns, Christians will be revealed to be God's children. They'll be like Jesus!

Q – So what should Christians be doing now? (v2)

Q – How can you "set your heart on things above"?

Q – How can you focus your thoughts on better things?

Pray about it

Thank God for the past, present and future Christian life. Thank Him that your future is safe with Jesus!

Wordsearch

Let's Get Physical – Our Minds

Word Search

h n n n r x c w c j w o s w q n y x
e v j d a k c h r i s t t l j w i p
a j v m i j s e i o z q x f y n e t
r v s h s t q x l z b m z a f n r w
t p k e e m b s o q w h z p k v k s
s u i h d b x z n u x h r p h t t x
p c w g z h i d d e n a i e i m v q
n r n v t l q g z v j n g a x j q v
q h k d u i j o f e c d h r h j r d
n w a f b f m d u f h j t s f q a o
v j u y z e k f q a a b j h u o a f
k t r z u f u x h s j g l o r y u h

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

appears
christ
glory
god

hand
hearts
hidden
life

raised
right

Word Bingo

Let's Get Physical – Our Minds

Colossians

Mind

Brain

Think

Soul

Heart

Christ

God

Paul

**SET YOUR
MINDS**

ON THINGS ABOVE

**NOT ON
EARTHLY
THINGS**
