

Freedom in Christ Course

The course is designed to help every Christian take hold of the truth of who they are in Christ, resolve personal and spiritual conflicts through genuine repentance. The course is suitable for both new and mature Christians. The course has two main elements – the nine sessions of teaching and the freedom appointment ministry. It is essentially biblical truth in a very helpful package and built on the principle that: “You shall *know the truth* and the *truth will set you free*”(John 8:32).

What will the course offer?

Part A – Key Truths: the first three sessions look at some of the key truths we need to know about what it means to be a Christian, and who we are in Christ.

Part B – The World, the Flesh and the Devil: looks at how every day the world, the flesh and the devil conspire to push us away from the truth. Understanding how they work will enable believers to stand firm in the truth.

Part C: Breaking The Hold of the Past: looks at how God does not change our past but by his grace enables us to walk free of it. After these two sessions there is an opportunity to go through the ‘Steps to Freedom in Christ’ through a freedom appointment.

The Proposed Format

The course will run for 8 weeks* and one Saturday morning together with a ‘Freedom Appointment’.

Who will do the teaching?

The teaching will be in the form of DVD presentations made by UK FIC Director Steve Goss. Talks are between 32 and 43 minutes long. Chris Sutton from King’s Church has agreed to host the course.

Provisional Timings:

Guests will arrive at 8pm for a coffee and welcome.

DVD begins at 8.15pm.

Coffee at 8.50 and Small Group Discussion

Evening ends at 9:30pm

	Freedom in Christ
Thur 27 Apr	Where did I come from?
Thur 4 May	Who am I now?
Thur 11 May	Choosing to believe the truth
Thur 18 May	The World’s View of Truth
Thur 25 May	Our Daily Choice
Thur 1 June	Half term
Thurs 8 June	Demolishing Strongholds
Sat 10 June	The Battle For Our Minds*
Thur 15 June	Handling Emotions Well
Thur 22 June	Forgiving From the Heart

* If a number of people cannot attend the Saturday we may have to go for a ninth week.

Steps to Freedom

Each person on the Freedom in Christ course will be offered a Freedom Appointment after the eight sessions have been completed, where they are taken through the 'Steps to Freedom in Christ'. The 'Steps to Freedom in Christ' is recommended for every Christian but is especially helpful if people are not growing as they should or if they want to break free from: condemning thoughts; patterns of wrong behaviour; spiritual struggles or hopelessness.

Steps to Freedom include:

- Step 1: Counterfeit v. Real
- Step 2: Deception v. Truth
- Step 3: Bitterness v. Forgiveness
- Step 4: Rebellion v. Submission
- Step 5: Pride v. Humility
- Step 6: Bondage v. Freedom
- Step 7: Curses v. Blessing

Freedom Appointment

This is typically a three to five hour process conducted by an 'Encourager' together with the support of a prayer partner. During the process the encourager helps the 'freedom seeker' to work through the steps. The freedom seeker asks the Holy Spirit to point out areas of their life that need dealing with, and by following the framework in each of the steps, and using their authority in Christ, they do just that. Encouragers need to have gone through their own freedom appointment and gone through Helping Others Find Freedom in Christ training.

What do we expect from participants?

- We expect participants to attend all the sessions (where possible) of the course.
- We will only offer freedom appointments to those people who have made the commitment to attend the sessions and/or read the relevant sections of the books Victory over the Darkness and The Bondage Breaker by Neil Anderson

What do we offer?

- Opportunity for nine sessions of clear biblical teaching.
- For small group discussion and questions
- Personal freedom appointment after teaching is completed
- Opportunity to attend Part D – Growing as Disciples which covers topics such as Walking in Freedom Every Day, Relating to Others, Where are You Heading? and Staying on the Right Path.

How widely has the course been used?

The course has been used across the body of Christ, and has been endorsed by Mark Stibbe (St Andrews, Chorleywood), Lawrence Singlehurst (Cell UK) and John Groves (Winchester Family Church, Newfrontiers). For more information see the Freedom in Christ UK website: ficm.org.uk